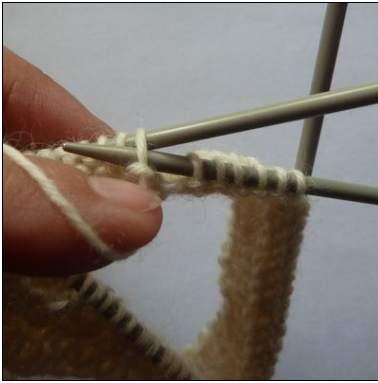


German short-row technique: Double stitch



To work a DS, with yarn in front insert right hand needle purlwise.



Then pull the working yarn over right hand needle.



Pull yarn firmly further in the back of your work.



If your next stitch is a purl stitch (as in this case), move yarn in between needles again to the front and purl the next stitch.

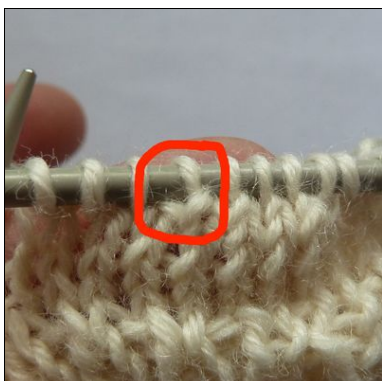
German short-row technique: Double stitch



Now if you turn again and look at your work from right side, you can see the two legs of the DS.



To work the DS as one stitch, you have to knit (or to purl) through both legs at the same time.



This is how the stitch looks when the whole round is worked, it's nearly invisible and looks like a regular knit stitch.



If you're knitting a German short-row heel using this technique, then you're heel looks like this.